



7-DAY CITY/COASTAL SAMPLER

Start in Seattle (SEA) and finish in Portland (PDX)

Stay in a downtown hotel or Cap Hill Airbnb

Day 1: Explore Seattle

- Morning Pike Place Market - Great Wheel, Aquarium, Smith Tower
- Midday Seattle Center - Space Needle area and Kerry Park
- Afternoon neighborhood walk - Capitol Hill, Ballard, or Columbia City
- Evening on the Salish Sea - Alki Beach, Elliott Bay, or Golden Gardens

Stay at Lake Crescent Lodge or in Port Angeles

Day 2: Olympic Peninsula (138 miles, 4:11)

- Morning ferry to Bainbridge - Suquamish Museum & Heronswood
- Midday Port Angeles - Hurricane Ridge (weather and crowds permitting)
- Afternoon Lake Crescent - Marymere Falls or Mount Storm King
- Evening sunset picnic dinner on Lake Crescent

Stay at Lake Quinault Lodge

Day 3: Olympic Peninsula (166 miles, 3:44)

- Morning at Second Beach
- Midday Hoh Rainforest
- Afternoon old-growth hike at Lake Quinault
- Evening dinner at Lake Quinault Lodge (or Salmon House)

Stay in Astoria, Oregon

Day 4: Washington Coast & Astoria (163 miles, 3:34)

- Morning drive down Washington Coast
- Midday Westport and lunch at Tokeland Hotel
- Afternoon Cape Disappointment State Park
- Evening explore and dinner in Astoria

Stay in Cannon Beach, Oregon

Day 5: Oregon Coast (26 miles, 40 minutes)

- Morning breakfast and explore Astoria area
- Midday beach time (pick a place)
- Afternoon walk on Cannon Beach to Haystack Rock
- Dinner in Cannon Beach

Stay in the Pearl District in Downtown Portland

Day 6: Oregon Coast (79 miles, 1:25)

- Morning walk on Cannon Beach
- Midday picnic lunch at Ecola State Park
- Afternoon slow the pace for the drive to Portland (only 90 minutes) and relax a bit
- Dinner in Portland

Day 7: Explore Portland

- Morning "breakfast culture" in Portland
- Midday Portland - Powells Books, Pearl District, Waterfront
- Afternoon Rose Garden and Pittock Mansion/Forest Park
- Day trip option: Silver Falls or Multnomah Falls
- An evening in Alberta, Hawthorne, or NW 23rd